

Book 2: Blues and Rock 'n' Roll

Key Focus:

12bar blues structure and harmony

Lefthand walking bass technique

Basic blues improvisation using licks and scales

Practice Exercise:

12Bar Blues in C:

1. C7 | F7 | C7 | C7

2. F7 | F7 | C7 | C7

3. G7 | F7 | C7 | G7

Left Hand:

Walk root-3rd-5th-6th-b7 on each chord

Keep steady quarternote timing

Right Hand:

Improvise with C blues scale: C-Eb-F-Gb-G-Bb


Start with motifs like (C-Eb-F), (G-F-Eb-C)

Bonus Tip:

Play along with a YouTube 12bar blues backing track in C. Don't rush—groove is more important than speed.

Recommended Resource

Instead of just learning one song, why not master the *whole blues style*?

 Discover how to play 12bar blues, improvise with confidence, and groove like a pro – all in one guided course.

 [Start the Full Pianoforall Course →](#)

Supplemental Techniques:

Walking Bass: Use chromatic walkups and scalar patterns

Turnarounds: Try ending each chorus with G7–F7–C7–G7

Call and Response: RH melody answers LH groove

Learning Strategy:


Loop short segments of the form


Practice RH over LH gradually


Use metronome and count: “1, 2, 3, 4”


Record your playing and listen back

Online Practice Tools

 PlayAlong Tracks: Search “12bar blues backing track in C” on YouTube or your favorite music app.

 Demo Videos: Find beginnerfriendly blues improvisation videos online.

 Extra Reading: Want notationfocused practice? Try books like *Discover Blues Improvisation* by Faber.


 Want a complete stepbystep course with video + PDF + audio?

[Start Here →](#)

Did You Know?

The 12bar blues is the backbone of early rock and roll, influencing artists from Elvis to The Beatles. Learning it gives you a key to countless songs.

Downloadable Practice Sheet:

 Download link coming soon...